Shoulder Pain and Disability Index (SPADI)

If you're interested in this clinical form for use in Explorer Online please $\operatorname{\mathsf{get}}$ in touch.

Clinical Form Name	Shoulder Pain and Disab	ility Index (SF	PADI)			
Clinical Area(s)	Physiotherapy					
Descripti on of Use	Shoulder Pain and Disability	y Index (SPAD	I)			
Availability	Yes, full access in Explorer	Online				
Explorer	SHOULDER PAIN AND DISABILITY INDEX (SPADI)					
Online			nber on the line that h	best represents your experience du	ring the last week attributable to your shoulder	r problem.
Screensh ot		ricase click a flai	nber on the line that t	best represents your experience ut	ring the last week attributable to your shoulder	problem.
	PAIN SCALE - HOW SEVERE IS YOUR PAIN?					
		Please click the r	number that best desc	cribes your pain where: 0 = no pai	and 10 = the worst pain imaginable	
	AT ITS WORST?	$\bigcirc \ 0 \ \bigcirc \ 1 \ \bigcirc \ 2$	0 3 0 4 0 5 0 6	6 0 7 0 8 0 9 0 10		
	WHEN LYING ON THE INVOLVED SIDE?	$\bigcirc \ 0 \ \bigcirc \ 1 \ \bigcirc \ 2$	O 3 O 4 O 5 O 6	0 7 0 8 0 9 0 10		
	REACHING FOR SOMETHING ON A HIGH	O 0 O 1 O 2	○ 3 ○ 4 ○ 5 ○ 6	5 0 7 0 8 0 9 0 10		
	SHELF?	0 - 0 - 5	0 - 0 - 0 - 5			
	TOUCHING THE BACK OF YOUR NECK?	\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3 \bigcirc 4 \bigcirc 5 \bigcirc 6 \bigcirc 7 \bigcirc 8 \bigcirc 9 \bigcirc 10				
	PUSHING WITH THE INVOLVED ARM?	$\bigcirc \ 0 \ \bigcirc \ 1 \ \bigcirc \ 2$	03040506	0 7 0 8 0 9 0 10		
	DISABILITY SCALE - HOW MUCH DIFFICULTY DO YOU HAVE?					
	DISABILITY SCALE - HOW MUCH DIFFICULTY DO YOU HAVE? Click on the number that best describes your experience where: 0 = no difficulty and 10 = so difficult it requires help					
					nimiculty and 10 = so difficult it requires help	
	WASHING YOUR HAIR?			5 0 7 0 8 0 9 0 10		
	WASHING YOUR BACK?			0 7 0 8 0 9 0 10		
	PUTTING ON AN UNDERSHIRT OR	○ 0 ○ 1 ○ 2	0 3 0 4 0 5 0 6	0 7 0 8 0 9 0 10		
	JUMPER? PUTTING ON A SHIRT	O 0 O 1 O 2	0 3 0 4 0 5 0 6	5 0 7 0 8 0 9 0 10		
	THAT BUTTONS DOWN THE FRONT?					
	PUTTING ON YOUR PANTS?	○ 0 ○ 1 ○ 2	0 3 0 4 0 5 0 6	0 7 0 8 0 9 0 10		
	PLACING AN OBJECT ON	$ \bigcirc \ 0 \ \bigcirc \ 1 \ \bigcirc \ 2 \ \bigcirc \ 3 \ \bigcirc \ 4 \ \bigcirc \ 5 \ \bigcirc \ 6 \ \bigcirc \ 7 \ \bigcirc \ 8 \ \bigcirc \ 9 \ \bigcirc \ 10 $				
	A HIGH SHELF?	0 0 0 1 0 1		, 0 , 0 0 0 , 0 10		
	A HIGH SHELF? CARRYING A HEAVY OBJECT OF 10 POUNDS			5 0 7 0 8 0 9 0 10		
	A HIGH SHELF? CARRYING A HEAVY OBJECT OF 10 POUNDS (4.5 KILOGRAMS) REMOVING SOMETHING	O 0 O 1 O 2	O 3 O 4 O 5 O 6	5 ○ 7 ○ 8 ○ 9 ○ 10		
	A HIGH SHELF? CARRYING A HEAVY OBJECT OF 10 POUNDS (4.5 KILOGRAMS)	O 0 O 1 O 2	O 3 O 4 O 5 O 6			
lenort	A HIGH SHELF? CARRYING A HEAVY OBJECT OF 10 POUNDS (4.5 KILOGRAMS) REMOVING SOMETHING FROM YOUR BACK	O 0 O 1 O 2	O 3 O 4 O 5 O 6	5 0 7 0 8 0 9 0 10	3.0v-	
Report Preview	A HIGH SHELF? CARRYING A HEAVY OBJECT OF 10 POUNDS (4.5 KILOGRAMS) REMOVING SOMETHING FROM YOUR BACK	O 0 O 1 O 2	O 3 O 4 O 5 O 6	5 0 7 0 8 0 9 0 10 5 0 7 0 8 0 9 0 10 Bom 1990 (31y) Gender U	known	
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