

Roland Morris Low Back Pain and Disability Questionnaire

If you're interested in this clinical form for use in Explorer Online please [get in touch](#).

Archetype Name	Roland Morris Low Back Pain and Disability Questionnaire (RMQ)
Clinical Area(s)	Physiotherapy
Description of Use	The Roland-Morris Disability Questionnaire is designed to assess self-rated physical disability caused by low back pain.
Availability	Yes, full access in Explorer Online
Explorer Online Screenshot	<div>ROLAND MORRIS LOW BACK PAIN AND DISABILITY QUESTIONNAIRE (RMQ)</div> <div>QUESTIONS:</div> <div><div>I STAY AT HOME MOST OF THE TIME BECAUSE OF MY BACK.</div><div><input type="checkbox"/></div></div> <div><div>I CHANGE POSITION FREQUENTLY TO TRY TO GET MY BACK COMFORTABLE.</div><div><input type="checkbox"/></div></div> <div><div>I WALK MORE SLOWLY THAN USUAL BECAUSE OF MY BACK.</div><div><input type="checkbox"/></div></div> <div><div>BECAUSE OF MY BACK, I AM NOT DOING ANY JOBS THAT I USUALLY DO AROUND THE HOUSE.</div><div><input type="checkbox"/></div></div> <div><div>BECAUSE OF MY BACK, I USE A HANDRAIL TO GET UPSTAIRS.</div><div><input type="checkbox"/></div></div> <div><div>BECAUSE OF MY BACK, I LIE DOWN TO REST MORE OFTEN.</div><div><input type="checkbox"/></div></div> <div><div>BECAUSE OF MY BACK, I HAVE TO HOLD ON TO SOMETHING TO GET OUT OF AN EASY CHAIR.</div><div><input type="checkbox"/></div></div> <div><div>BECAUSE OF MY BACK, I TRY TO GET OTHER PEOPLE TO DO THINGS FOR ME.</div><div><input type="checkbox"/></div></div> <div><div>I GET DRESSED MORE SLOWLY THAN USUAL BECAUSE OF MY BACK.</div><div><input type="checkbox"/></div></div> <div><div>I ONLY STAND UP FOR SHORT PERIODS OF TIME BECAUSE OF MY BACK.</div><div><input type="checkbox"/></div></div> <div><div>BECAUSE OF MY BACK, I TRY NOT TO BEND OR KNEEL DOWN.</div><div><input type="checkbox"/></div></div>

Mind Map



Excel File/Structure

CEN.RolandMorrisLowBackPainAndDisabilityQuestionnaire (RMQ).v1.xlsx

Editor Screenshot

Editor Screenshot showing the structure of the CEN.RolandMorrisLowBackPainAndDisabilityQuestionnaire (RMQ) v1 file. The structure is organized into a tree view with expandable/collapsible icons.

- [-] CEN.RolandMorrisLowBackPainAndDisabilityQuestionnaire (RMQ) v1
 - [+] Description
 - [-] Uses 0 Archetype(s)
 - [+] Definition
 - [+] ENTRY -- Roland Morris Low Back Pain and Disability Questionnaire (RMQ)
 - [+] CLUSTER -- Instructions:
 - [+] ELEMENT -- Patient Name
 - [+] ELEMENT -- File Number
 - [+] ELEMENT -- Date
 - [+] ELEMENT -- uncoded
 - [+] CLUSTER -- Questions:
 - [+] ELEMENT -- I stay at home most of the time because of my back.
 - [+] ELEMENT -- I change position frequently to try to get my back comfortable.
 - [+] ELEMENT -- I walk more slowly than usual because of my back.
 - [+] ELEMENT -- Because of my back, I am not doing any jobs that I usually do around the house.
 - [+] ELEMENT -- Because of my back, I use a handrail to get upstairs.
 - [+] ELEMENT -- Because of my back, I lie down to rest more often.
 - [+] ELEMENT -- Because of my back, I have to hold on to something to get out of an easy chair.
 - [+] ELEMENT -- Because of my back, I try to get other people to do things for me.
 - [+] ELEMENT -- I get dressed more slowly than usual because of my back.
 - [+] ELEMENT -- I only stand up for short periods of time because of my back.
 - [+] ELEMENT -- Because of my back, I try not to bend or kneel down.
 - [+] ELEMENT -- I find it difficult to get out of a chair because of my back.
 - [+] ELEMENT -- My back is painful almost all of the time.
 - [+] ELEMENT -- I find it difficult to turn over in bed because of my back.
 - [+] ELEMENT -- My appetite is not very good because of my back.
 - [+] ELEMENT -- I have trouble putting on my socks (or stockings) because of the pain in my back.
 - [+] ELEMENT -- I can only walk short distances because of my back pain.
 - [+] ELEMENT -- I sleep less well because of my back.
 - [+] ELEMENT -- Because of my back pain, I get dressed with the help of someone else.
 - [+] ELEMENT -- I sit down for most of the day because of my back.
 - [+] ELEMENT -- I avoid heavy jobs around the house because of my back.
 - [+] ELEMENT -- Because of back pain, I am more irritable and bad tempered with people than usual.
 - [+] ELEMENT -- Because of my back, I go upstairs more slowly than usual.
 - [+] ELEMENT -- I stay in bed most of the time because of my back.
 - [+] CLUSTER -- Scoring
 - [+] ELEMENT -- Score
 - [+] ELEMENT -- Score as percent
 - [+] Ontology
 - [-] Presentation