Roland Morris Low Back Pain and Disability Questionnaire

If you're interested in this clinical form for use in Explorer Online please get in touch.

Archetype Name	Roland Morris Low Back Pa	ain and Disa	bility Questi	ionnaire (RMQ)	
Clinical Area(s)	Physiotherapy				
Description of Use	The Roland-Morris Disability Questionnaire is designed to assess self-rated physical disability caused by low back pain.				
Availability	Yes, full access in Explorer Online				
Explorer Online Screenshot	ROLAND MORRIS LOW BACK PAIN AND DISABILITY QUESTIONNAIRE (RMQ)				
	QUESTIONS:				
	I STAY AT HOME MOST				
	OF THE TIME BECAUSE OF MY BACK.				
	I CHANGE POSITION FREQUENTLY TO TRY TO GET MY BACK COMFORTABLE.				
	I WALK MORE SLOWLY THAN USUAL BECAUSE OF MY BACK.				
	BECAUSE OF MY BACK, I AM NOT DOING ANY JOBS THAT I USUALLY DO AROUND THE HOUSE.				
	BECAUSE OF MY BACK, I USE A HANDRAIL TO GET UPSTAIRS.				
	BECAUSE OF MY BACK, I LIE DOWN TO REST MORE OFTEN.				
	BECAUSE OF MY BACK, I HAYE TO HOLD ON TO SOMETHING TO GET OUT OF AN EASY CHAIR.				
	BECAUSE OF MY BACK, I TRY TO GET OTHER PEOPLE TO DO THINGS FOR ME.				
	I GET DRESSED MORE SLOWLY THAN USUAL BECAUSE OF MY BACK.				
	I ONLY STAND UP FOR SHORT PERIODS OF TIME BECAUSE OF MY BACK.				
	BECAUSE OF MY BACK, I TRY NOT TO BEND OR KNEEL DOWN.				
Report Preview	Mrs Patient Marie TEST 쓰			Born 12-Dec-1990 (31y) Gender Female 31y at the time of observation	
	Address 12 Demo Street MAROOCHYDORE QLD 4558		Phone (07)54566000	Medicare No 4608688371/1	
	Specimen 852AB882-0ED8-4C47-A8BC-0B780D446D9F	Request Date 21/09/2022 3:55 PM	Effective Date 21/09/2022 3:55 PM	Generated Date 21/09/2022 3:54 PM	
	Roland Morris Low Back Pain and Disability Ques	tionnaire (E DAY)			
	INSTRUCTIONS:				
	When your back hurts, you may find it difficult to do some of the things you normally do. Mark only the sentences that describe you today.				
	QUESTIONS:				
	I stay at home most of the time because of my back.				
	I change position frequently to try to get my back comfortable.				
	Because of my back, I am not doing any jobs that I usually do around the house. True Because of my back, I lie down to rest more often. True				
	Because of my back, I try to get other people to do things for me.				
	I get dressed more slowly than usual because of my back.				
	I find it difficult to get out of a chair because of my back. True				
	I find it difficult to turn over in bed because of my back. I can only walk short distances because of my back pain. True				
	Because of my back pain, I get dressed with the help of someone else. True				
	I avoid heavy jobs around the house because of my back.				
	Because of back pain, I am more irritable and bad tempered with people than usual				
	I stay in bed most of the time because of my back.				
	SCORING Score 13				
	Score as percent			54 %	

