

Orebro Musculoskeletal Pain Questionnaire

If you're interested in this clinical form for use in Explorer Online please [get in touch](#).

Archetype Name	Örebro Musculoskeletal Pain Screening Questionnaire (ÖMPQ)
Clinical Area (s)	Physiotherapy
Description of Use	The Örebro Musculoskeletal Pain Questionnaire (ÖMPQ) is a 'yellow flag' screening tool that predicts long-term disability and failure to return to work following a soft tissue injury.
Availability	Yes, full access in Explorer Online

Explorer Online Screenshot

OREBRO MUSCULOSKELETAL PAIN SCREENING QUESTIONNAIRE (OMPQ)	
INSTRUCTIONS	
<p>These questions and statements apply if you have aches or pains, such as back, shoulder or neck pain. Please read and answer questions carefully. Do not take too long to answer the questions, however it is important that you answer every question. There is always a response for your particular situation.</p>	
WHERE DO YOU HAVE PAIN? PLACE A TICK FOR ALL APPROPRIATE SITES.	
NECK	<input type="checkbox"/>
SHOULDER	<input type="checkbox"/>
ARM	<input type="checkbox"/>
UPPER BACK	<input type="checkbox"/>
LOWER BACK	<input type="checkbox"/>
LEG	<input type="checkbox"/>
OTHER (STATE):	<input style="width: 100%;" type="text"/>
FURTHER QUESTIONS	
HOW MANY DAYS OF WORK HAVE YOU MISSED BECAUSE OF PAIN DURING THE LAST 18 MONTHS? TICK ONE.	<input type="radio"/> 0 days <input type="radio"/> 1-2 days <input type="radio"/> 3-7 days <input type="radio"/> 8-14 days <input type="radio"/> 15-30 days <input type="radio"/> 1 month <input type="radio"/> 2 months <input type="radio"/> 3-6 months <input type="radio"/> 6-12 months <input type="radio"/> Over 1 year
HOW LONG HAVE YOU HAD YOUR CURRENT PAIN PROBLEM? TICK ONE.	<input type="radio"/> 0-1 weeks <input type="radio"/> 1-2 weeks <input type="radio"/> 3-4 weeks <input type="radio"/> 4-5 weeks <input type="radio"/> 6-8 weeks

Mrs Patient Marie TEST		Born 12-Dec-1990 (31y) Gender Female 31y at time of observation	
Address 12 Demo Street HAROOCHYDORE QLD 4558		Phone (07)54566000	Medicare No 460868371/1
Specimen	Lab No 4E89E1A2-791F-464E-A86B- 1A176C8B98A9	Request Date 21/09/2022 3:04 PM	Effective Date 21/09/2022 3:04 PM Generated Date 21/09/2022 3:03 PM

Orebro Musculoskeletal Pain Questionnaire (E DAY)

INSTRUCTIONS

These questions and statements apply if you have aches or pains, such as back, shoulder or neck pain. Please read and answer questions carefully. Do not take too long to answer the questions, however it is important that you answer every question.

There is always a response for your particular situation.

WHERE DO YOU HAVE PAIN? PLACE A TICK FOR ALL APPROPRIATE SITES.

Neck	True
Leg	True

FURTHER QUESTIONS

How many days of work have you missed because of pain during the last 18 months? Tick one.	3-7 days
How long have you had your current pain problem? Tick one.	6-8 weeks
Is your work heavy or monotonous? Please tick the best alternative (0 being not at all - 10 being extremely)	1
How would you rate the pain that you have had during the past week? Tick one	4
In the past three months, on average, how bad was your pain? Tick one	2
How often would you say that you have experienced pain episodes, on average, during the past three months? Tick one	6
Based on all things you do to cope or deal with your pain, on an average day, how much are you able to decrease it? Tick one	8
How tense or anxious have you felt in the past week? Tick one	10
How much have you been bothered by feeling depressed in the past week? Tick one	9
In your view, how large is the risk that your current pain may become persistent? Tick one	7
In your estimation, what are the chances that you will be able to work in six months? Tick one	5
If you take into consideration your work routines, management, salary, promotion possibilities and work mates, how	3

[illegible]

Excel File /Structure	CEN.OrebroMusculoskeletalPainScreeningQuestionnaire(OMPQ).v1.xlsx
Editor Screenshot	<div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ENTRY -- Orebro Musculoskeletal Pain Screening Questionnaire (DMPQ)</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>CLUSTER -- Instructions</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- uncoded</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div></div><div><div>CLUSTER -- Where do you have pain? Place a tick for all appropriate sites.</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- Neck</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- Shoulder</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- Arm</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- Upper back</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- Lower back</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- Leg</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- Other (state)</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div></div><div><div>CLUSTER -- Further questions</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- How many days of work have you missed because of pain during the last 18 months? Tick one.</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- How long have you had your current pain problem? Tick one.</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- Is your work heavy or monotonous? Please tick the best alternative (0 being not at all - 10 being extremely)</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- How would you rate the pain that you have had during the past week? Tick one</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- In the past three months, on average, how bad was your pain? Tick one</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- How often would you say that you have experienced pain episodes, on average, during the past three months? Tick one</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- Based on all things you do to cope or deal with your pain, on an average day, how much are you able to decrease it? Tick one</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- How tense or anxious have you felt in the past week? Tick one</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- How much have you been bothered by feeling depressed in the past week? Tick one</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- In your view, how large is the risk that your current pain may become persistent? Tick one</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- In your estimation, what are the chances that you will be able to work in six months? Tick one</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- If you take into consideration your work routines, management, salary, promotion possibilities and work mates, how satisfied are you with your job? Tick one</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div></div><div><div>CLUSTER -- Here are some of the things that other people have told us about their pain. For each statement, circle one number from 0 to 10 to say how much physical activities, such as bending, lifting, walking or driving, would affect your pain.</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- Physical activity makes my pain worse. Tick one</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- An increase in pain is an indication that I should stop what I'm doing until the pain decreases. Tick one</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- I should not do my normal work with my present pain. Tick one</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div></div><div><div>CLUSTER -- Here is a list of five activities. Click the one number that best describes your current ability to participate in each of these activities.</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- I can do light work for an hour. Tick one</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- I can walk for an hour. Tick one</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- I can do ordinary household chores. Tick one</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- I can do the weekly shopping. Tick one</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- I can sleep at night. Tick one</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div></div><div><div>CLUSTER -- Scoring and interpretation</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>ELEMENT -- Total OMPQ score</div><div><div><div></div><div></div></div><div><div></div><div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div>