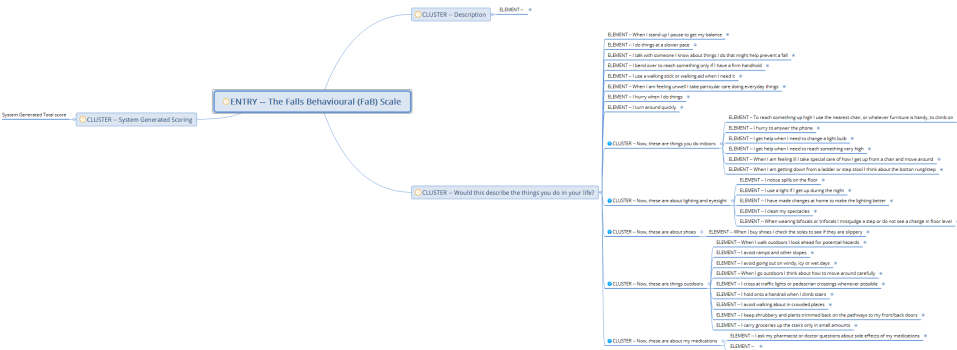


Falls Behavioural Scale (FaB) for Older Persons

If you're interested in this clinical form for use in Explorer Online please [get in touch](#).

Clinical Form Name	The Falls Behavioural (FaB) Scale
Clinical Area(s)	Occupational Therapy
Description of Use	To assess patient safety within home and risk of falls
Availability	Yes, full access in Explorer Online
Explorer Online Screenshot	<div><div>THE FALLS BEHAVIOURAL (FAB) SCALE</div><div><div>DESCRIPTION</div><div><div>The FaB Scale is a list of 30 statements that describes things we do in our everyday lives. Please read each statement carefully
Select how much each statement describes the things you do in your daily life.
Only select 'Doesn't apply' if the situation is something to which you are not exposed (for example, if you do not have phone).</div></div></div><div><div>WOULD THIS DESCRIBE THE THINGS YOU DO IN YOUR LIFE?</div><div><div>WHEN I STAND UP I PAUSE TO GET MY BALANCE</div><div><div>Never</div><div>Sometimes</div><div>Often</div><div>Always</div></div></div><div><div>I DO THINGS AT A SLOWER PACE</div><div><div>Never</div><div>Sometimes</div><div>Often</div><div>Always</div></div></div><div><div>I TALK WITH SOMEONE I KNOW ABOUT THINGS I DO THAT MIGHT HELP PREVENT A FALL</div><div><div>Never</div><div>Sometimes</div><div>Often</div><div>Always</div></div></div><div><div>I BEND OVER TO REACH SOMETHING ONLY IF I HAVE A FIRM HANDHOLD</div><div><div>Never</div><div>Sometimes</div><div>Often</div><div>Always</div><div>Doesn't apply</div></div></div><div><div>I USE A WALKING STICK OR WALKING AID WHEN I NEED IT</div><div><div>Never</div><div>Sometimes</div><div>Often</div><div>Always</div><div>Doesn't apply</div></div></div><div><div>WHEN I AM FEELING UNWELL I TAKE PARTICULAR CARE DOING EVERYDAY THINGS</div><div><div>Never</div><div>Sometimes</div><div>Often</div><div>Always</div><div>Doesn't apply</div></div></div><div><div>I HURRY WHEN I DO THINGS</div><div><div>Never</div><div>Sometimes</div><div>Often</div><div>Always</div></div></div><div><div>I TURN AROUND QUICKLY</div><div><div>Never</div><div>Sometimes</div><div>Often</div><div>Always</div></div></div><div><div>NOW, THESE ARE THINGS YOU DO INDOORS</div><div><div>TO REACH SOMETHING UP HIGH I USE THE NEAREST CHAIR, OR WHATEVER FURNITURE IS HANDY, TO CLIMB ON</div><div><div>Never</div><div>Sometimes</div><div>Often</div><div>Always</div></div></div><div><div>I HURRY TO ANSWER THE PHONE</div><div><div>Never</div><div>Sometimes</div><div>Often</div><div>Always</div></div></div></div></div></div>
Report Preview	<div><div><div><div>Mrs Patient Marie TEST</div><div>Born 12-Dec-1990 (31y) Gender Female</div><div>31y at the time of observation</div></div><div><div>Address 12 Demo Street MAROOCHYDORE QLD 4558</div><div>Phone (07)54566000</div><div>Medicare No 460868371/1</div></div><div><div>Specimen Lab No BB2EA576-BEB8-45CD-9D04-4923EFDA7492</div><div>Request Date 9/09/2022 10:01 AM</div><div>Effective Date 9/09/2022 10:01 AM</div><div>Generated Date 9/09/2022 9:58 AM</div></div></div></div> <div><div>The Falls Behavioural (E DAY)</div><div><div>DESCRIPTION</div><div><div>The FaB Scale is a list of 30 statements that describes things we do in our everyday lives. Please read each statement carefully. Select how much each statement describes the things you do in your daily life. Only select 'Doesn't apply' if the situation is something to which you are not exposed (for example, if you do not have phone).</div><div>WOULD THIS DESCRIBE THE THINGS YOU DO IN YOUR LIFE?</div><div><div>When I stand up I pause to get my balance</div><div>Never</div></div><div><div>I do things at a slower pace</div><div>Sometimes</div></div><div><div>I talk with someone I know about things I do that might help prevent a fall</div><div>Often</div></div><div><div>I bend over to reach something only if I have a firm handhold</div><div>Always</div></div><div><div>I use a walking stick or walking aid when I need it</div><div>Doesn't apply</div></div><div><div>When I am feeling unwell I take particular care doing everyday things</div><div>Doesn't apply</div></div><div><div>I hurry when I do things</div><div>Always</div></div><div><div>I turn around quickly</div><div>Often</div></div><div>Now, these are things you do indoors</div><div><div>To reach something up high I use the nearest chair, or whatever furniture is handy, to climb on</div><div>Sometimes</div></div><div><div>I hurry to answer the phone</div><div>Never</div></div><div><div>I get help when I need to change a light bulb</div><div>Never</div></div><div><div>I get help when I need to reach something very high</div><div>Sometimes</div></div><div><div>When I am feeling ill I take special care of how I get up from a chair and move around</div><div>Often</div></div><div><div>When I am getting down from a ladder or step stool I think about the bottom rung/step</div><div>Always</div></div><div>Now, these are about lighting and eyesight</div><div><div>I notice spills on the floor</div><div>Never</div></div></div></div></div>

Mind Map



Excel File /Structure

CEN.FaBScale.v1.xlsx

Editor Screensh ot

- ENTRY -- The Falls Behavioural (FaB) Scale
 - CLUSTER -- Description
 - ELEMENT --
 - CLUSTER -- Would this describe the things you do in your life?
 - ELEMENT -- When I stand up I pause to get my balance
 - ELEMENT -- I do things at a slower pace
 - ELEMENT -- I talk with someone I know about things I do that might help prevent a fall
 - ELEMENT -- I bend over to reach something only if I have a firm handhold
 - ELEMENT -- I use a walking stick or walking aid when I need it
 - ELEMENT -- When I am feeling unwell I take particular care doing everyday things
 - ELEMENT -- I hurry when I do things
 - ELEMENT -- I turn around quickly
 - CLUSTER -- Now, these are things you do indoors
 - ELEMENT -- To reach something up high I use the nearest chair, or whatever furniture is handy, to climb on
 - ELEMENT -- I hurry to answer the phone
 - ELEMENT -- I get help when I need to change a light bulb
 - ELEMENT -- I get help when I need to reach something very high
 - ELEMENT -- When I am feeling ill I take special care of how I get up from a chair and move around
 - ELEMENT -- When I am getting down from a ladder or step stool I think about the bottom rung/step
 - CLUSTER -- Now, these are about lighting and eyesight
 - ELEMENT -- I notice spills on the floor
 - ELEMENT -- I use a light if I get up during the night
 - ELEMENT -- I have made changes at home to make the lighting better
 - ELEMENT -- I clean my spectacles
 - ELEMENT -- When wearing bifocals or trifocals I misjudge a step or do not see a change in floor level
 - CLUSTER -- Now, these are about shoes
 - ELEMENT -- When I buy shoes I check the soles to see if they are slippery
 - CLUSTER -- Now, these are things outdoors
 - ELEMENT -- When I walk outdoors I look ahead for potential hazards
 - ELEMENT -- I avoid ramps and other slopes
 - ELEMENT -- I avoid going out on windy, icy or wet days
 - ELEMENT -- When I go outdoors I think about how to move around carefully
 - ELEMENT -- I cross at traffic lights or pedestrian crossings whenever possible
 - ELEMENT -- I hold onto a handrail when I climb stairs
 - ELEMENT -- I avoid walking about in crowded places
 - ELEMENT -- I keep shrubbery and plants trimmed back on the pathways to my front/back doors
 - ELEMENT -- I carry groceries up the stairs only in small amounts
 - CLUSTER -- Now, these are about my medications
 - ELEMENT -- I ask my pharmacist or doctor questions about side effects of my medications
 - ELEMENT --
 - CLUSTER -- Scoring