

DASS42 (Depression Anxiety Stress Scales)

If you're interested in this clinical form for use in Explorer Online please [get in touch](#).

Clinical Form Name	Depression Anxiety Stress Scales (42-item)
Clinical Area (s)	Psychology
Description of Use	Assesses depression, anxiety, and stress levels
Availability	Yes, full access in Explorer Online
Explorer Online Screenshot	<div><div>DEPRESSION ANXIETY STRESS SCALE (42-ITEM)</div><div><div>DASS42</div><div><div>NAME:</div><div>PatientTEST</div></div><div><div>DATE OF BIRTH:</div><div>12/12/1990</div></div><div><div>DATE:</div><div>08/09/2022</div></div></div><div><div>QUESTIONS</div><div><div><div>I FOUND MYSELF GETTING UPSET BY QUITE TRIVIAL THINGS</div><div><div><input type="radio"/> 0 Did not apply to me at all</div><div><input type="radio"/> 1 Applied to me to some degree, or some of the time</div><div><input type="radio"/> 2 Applied to me to a considerable degree, or a good part of time</div><div><input type="radio"/> 3 Applied to me very much, or most of the time</div></div></div><div><div><div>I WAS AWARE OF DRYNESS OF MY MOUTH</div><div><div><input type="radio"/> 0 Did not apply to me at all</div><div><input type="radio"/> 1 Applied to me to some degree, or some of the time</div><div><input type="radio"/> 2 Applied to me to a considerable degree, or a good part of time</div><div><input type="radio"/> 3 Applied to me very much, or most of the time</div></div></div><div><div><div>I COULDN'T SEEM TO EXPERIENCE ANY POSITIVE FEELING AT ALL</div><div><div><input type="radio"/> 0 Did not apply to me at all</div><div><input type="radio"/> 1 Applied to me to some degree, or some of the time</div><div><input type="radio"/> 2 Applied to me to a considerable degree, or a good part of time</div><div><input type="radio"/> 3 Applied to me very much, or most of the time</div></div></div><div><div><div>I EXPERIENCED BREATHING DIFFICULTY (eg. EXCESSIVELY RAPID BREATHING, BREATHLESSNESS IN THE ABSENCE OF PHYSICAL EXERTION)</div><div><div><input type="radio"/> 0 Did not apply to me at all</div><div><input type="radio"/> 1 Applied to me to some degree, or some of the time</div><div><input type="radio"/> 2 Applied to me to a considerable degree, or a good part of time</div><div><input type="radio"/> 3 Applied to me very much, or most of the time</div></div></div><div><div><div>I JUST COULDN'T SEEM TO GET GOING</div><div><div><input type="radio"/> 0 Did not apply to me at all</div><div><input type="radio"/> 1 Applied to me to some degree, or some of the time</div><div><input type="radio"/> 2 Applied to me to a considerable degree, or a good part of time</div><div><input type="radio"/> 3 Applied to me very much, or most of the time</div></div></div><div><div><div>I TENDED TO OVER-REACT TO SITUATIONS</div><div><div><input type="radio"/> 0 Did not apply to me at all</div><div><input type="radio"/> 1 Applied to me to some degree, or some of the time</div></div></div></div></div></div></div></div></div></div></div>
Report Preview	<div><div><div>Mrs Patient Marie TEST</div><div>Item 53-Dec-1990 (31y) Gender Female</div><div>11y at the time of observation</div></div><div><div>Address 12 Demo Street PAROOOCHYDRE QLD 4558</div><div>Phone 03754566000</div><div>Medicare No 4608683711</div></div><div><div>Specimen Lab No 3775361-9599-421E-4541-084778495836</div><div>Request Date 8/09/2022 8:59 AM</div><div>Effective Date 8/09/2022 8:59 AM</div><div>Generated Date 8/09/2022 8:58 AM</div></div></div> <div><div>Depression Anxiety Stress Scales (42-ITEM)</div><div><div>DASS42</div><div><div>NAME:</div><div>PatientTEST</div></div><div><div>DATE OF BIRTH:</div><div>12/12/1990</div></div><div><div>DATE:</div><div>8/09/2022</div></div></div><div><div>QUESTIONS</div><div><div>Please read each statement and select a number 0, 1, 2 or 3 which indicates how much the statement applied to you over the past week. There are no right or wrong answers. Do not spend too much time on any statement.</div><div><div><div>I found myself getting upset by quite trivial things</div><div><div><input type="radio"/> 1 Applied to me to some degree, or some of the time</div></div></div><div><div><div>I was aware of dryness of my mouth</div><div><div><input type="radio"/> 0 Did not apply to me at all</div></div></div><div><div><div>I couldn't seem to experience any positive feeling at all</div><div><div><input type="radio"/> 2 Applied to me to a considerable degree, or a good part of time</div></div></div><div><div><div>I experienced breathing difficulty (eg. excessively rapid breathing, breathlessness in the absence of physical exertion)</div><div><div><input type="radio"/> 3 Applied to me very much, or most of the time</div></div></div><div><div><div>I just couldn't seem to get going</div><div><div><input type="radio"/> 0 Did not apply to me at all</div></div></div><div><div><div>I tended to over-react to situations</div><div><div><input type="radio"/> 1 Applied to me to some degree, or some of the time</div></div></div><div><div><div>I had a feeling of shakiness (eg. legs going to give way)</div><div><div><input type="radio"/> 3 Applied to me very much, or most of the time</div></div></div><div><div><div>I found it difficult to relax</div><div><div><input type="radio"/> 2 Applied to me to a considerable degree, or a good part of time</div></div></div><div><div><div>I found myself in situations that made me so anxious I was most relieved when they ended</div><div><div><input type="radio"/> 1 Applied to me to some degree, or some of the time</div></div></div></div></div></div></div></div></div></div></div></div></div></div></div>

Mind Map

- ELEMENT -- System Generated Depression Score
- ELEMENT -- Depression score interpretation
- ELEMENT -- System Generated Anxiety Score
- ELEMENT -- Anxiety score interpretation
- ELEMENT -- System Generated Stress Score
- ELEMENT -- Stress score interpretation

CLUSTER -- System Generated Results Scales

ENTRY -- Depression Anxiety Stress Scale (42-item)

CLUSTER -- Questions

CLUSTER -- DASS42

CLUSTER -- DASS42

- ELEMENT -- ...
- ELEMENT -- I found myself getting upset by quite trivial things.
- ELEMENT -- I was aware of daydreams of my mind.
- ELEMENT -- I couldn't seem to experience any pleasure in eating or sex.
- ELEMENT -- I experienced breathing difficulty (eg, occasionally need breathing apparatuses in the absence of physical exertion).
- ELEMENT -- I just couldn't seem to get going.
- ELEMENT -- I tended to over-react to situations.
- ELEMENT -- I had a feeling of shakiness (eg, legs going to give way).
- ELEMENT -- I found it difficult to relax.
- ELEMENT -- I found myself in situations that made me so anxious I had most relief when they ended.
- ELEMENT -- I felt that I had nothing to look forward to.
- ELEMENT -- I found myself getting upset rather easily.
- ELEMENT -- I felt that I was using up all of my nervous energy.
- ELEMENT -- I felt sad and depressed.
- ELEMENT -- I found myself getting impatient when I was delayed in any way (eg, elevators, traffic lights, being late waiting).
- ELEMENT -- I had a feeling of nerves.
- ELEMENT -- I felt that I had lost interest in just about everything.
- ELEMENT -- I felt I wasn't worth much as a person.
- ELEMENT -- I felt that I was rather lonely.
- ELEMENT -- I jumped noticeably (eg, hands tremor) in the absence of high temperatures or physical exertion.
- ELEMENT -- I felt that the world was terrible.
- ELEMENT -- I found it hard to wind down.
- ELEMENT -- I found difficulty in swallowing.
- ELEMENT -- I couldn't seem to get any enjoyment out of the things I did.
- ELEMENT -- I was aware of the action of my heart in the absence of physical exertion (eg, sense of heart rate increases, heart missing a beat).
- ELEMENT -- I felt downhearted and blue.
- ELEMENT -- I found that I was very irritable.
- ELEMENT -- I felt like I was close to panic.
- ELEMENT -- I found it hard to calm down after something upset me.
- ELEMENT -- I found that I couldn't "breathe" because I was too full of other worries.
- ELEMENT -- I was unable to become enthusiastic about anything.
- ELEMENT -- I found it difficult to tolerate interruptions to what I was doing.
- ELEMENT -- I was in a state of chronic tension.
- ELEMENT -- I felt I was pretty worthless.
- ELEMENT -- I was impatient of anything that kept me from getting on with what I was doing.
- ELEMENT -- I felt worthless.
- ELEMENT -- I couldn't see anything in the future to be hopeful about.
- ELEMENT -- I felt that life was meaningless.
- ELEMENT -- I found myself getting angry.
- ELEMENT -- I was worried about situations in which I might panic and make a fool of myself.
- ELEMENT -- I experienced trembling (eg, in the hands).
- ELEMENT -- I found it difficult to work up the response to do things.

Excel File /Structure

CEN.DASS42.v1.xlsx

Editor Screenshot

- CEN.DASS42.v1
 - Description
 - Uses 0 Archetype(s)
 - Definition
 - ENTRY -- Depression Anxiety Stress Scale (42-item)
 - CLUSTER -- DASS42
 - ELEMENT -- Name:
 - ELEMENT -- Date of birth:
 - ELEMENT -- Date:
 - CLUSTER -- Questions
 - CLUSTER -- System Generated Results Scales
 - ELEMENT -- System Generated Depression Score
 - ELEMENT -- Depression score interpretation
 - ELEMENT -- System Generated Anxiety Score
 - ELEMENT -- Anxiety score interpretation
 - ELEMENT -- System Generated Stress Score
 - ELEMENT -- Stress score interpretation
 - Ontology
 - Presentation