

If you're interested in this clinical form for use in Explorer Online please [get in touch](#).

EPWORTH SLEEPINESS SCALE

DATE:

NAME:

AGE:  UNITS:  years

SEX: ☐ Male ☐ Female ☐ Indeterminate/Intersex

How likely are you to doze off or fall asleep in the situations described below, in contrast to feeling tired?

This refers to your usual way of life in recent times.

Even if you haven't done some of these things recently try to work out how they would have affected you.

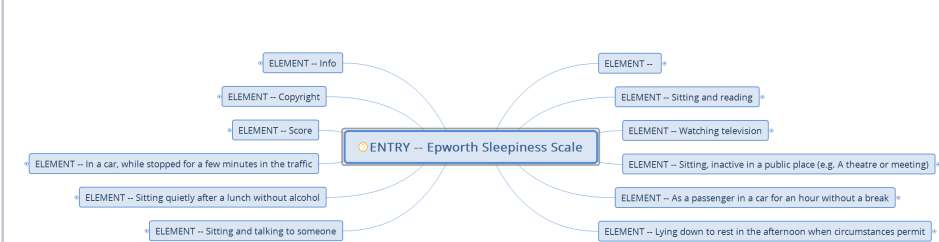
Use the following scale to choose the most appropriate number for each situation:

0 - Would never doze  
 1 - Slight chance of dozing  
 2 - Moderate chance of dozing  
 3 - High chance of dozing

It is important that you answer each question as best you can.

SITUATION	
SITTING AND READING	<input type="text"/>
WATCHING TV	<input type="text"/>
SITTING, INACTIVE IN A PUBLIC PLACE (E.G. A THEATRE OR A MEETING)	<input type="text"/>
AS A PASSENGER IN A CAR FOR AN HOUR WITHOUT A BREAK	<input type="text"/>
LYING DOWN TO REST IN THE AFTERNOON WHEN CIRCUMSTANCES PERMIT	<input type="text"/>
SITTING AND TALKING TO SOMEONE	<input type="text"/>

Mrs Patient Marie TEST		Date: 12 Dec 1998 (Day) Gender: Female Site: At the time of observation	
Address: 12 Dewar Street PM900000FF0000 QLD 4008		Phone: 00745668000	Medicine ID: 0000000371/1
Specimen:	Lab No: HFM0071-DF20-4265-0481-0160378C3AC	Request Date: 8/09/2022 11:43 AM	Effective Date: 8/09/2022 11:43 AM Desired Date: 8/09/2022 11:43 AM
Egneworth Sleepiness Scale (L. DARR)			
Date:	8/05/2022		
Name:	Patient TEST		
Age:	27	Units: years	
Sex:	Female		
How likely are you to doze off or fall asleep in the situations described below, in contrast to feeling tired?			
This refers to your usual way of life in recent times.			
Even if you haven't done some of these things recently try to work out how they would have affected you.			
Use the following scale to choose the most appropriate number for each situation:			
0 - would never doze			
1 - slight chance of dozing			
2 - moderate chance of dozing			
3 - high chance of dozing			
It is important that you answer each question as best you can.			
<b>SITUATION</b>			
Sitting and reading	3		
Watching TV	2		
Sitting, inactive in a public place (e.g. a theatre or a meeting)	1		
As a passenger in a car for an hour without a break			



Excel File  
/Structure

CEN.EpworthSleepinessScale.v1.xlsx

Editor  
Screensh  
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- ☐ CEN.Epworth\_Sleepiness\_Scale.v1
  - ☐ Description
    - ☐ Uses 0 Archetype(s)
  - ☐ Definition
    - ☒ ENTRY -- Epworth Sleepiness Scale
      - ☒ ELEMENT -- Date:
      - ☒ ELEMENT -- Name:
      - ☒ ELEMENT -- Age:
      - ☒ ELEMENT -- Sex:
      - ☒ ELEMENT --
      - ☒ CLUSTER -- Situation
        - ☒ ELEMENT -- Sitting and reading
        - ☒ ELEMENT -- Watching TV
        - ☒ ELEMENT -- Sitting, inactive in a public place (e.g. a theatre or a meeting)
        - ☒ ELEMENT -- As a passenger in a car for an hour without a break
        - ☒ ELEMENT -- Lying down to rest in the afternoon when circumstances permit
        - ☒ ELEMENT -- Sitting and talking to someone
        - ☒ ELEMENT -- Sitting quietly after a lunch without alcohol
        - ☒ ELEMENT -- In a car, whilst stopped for a few minutes in the traffic
      - ☒ CLUSTER -- System Generated Scoring
        - ☒ ELEMENT -- System Generated Score
        - ☒ ELEMENT -- Score Interpretation
- ☒ Ontology
  - ☒ Presentation