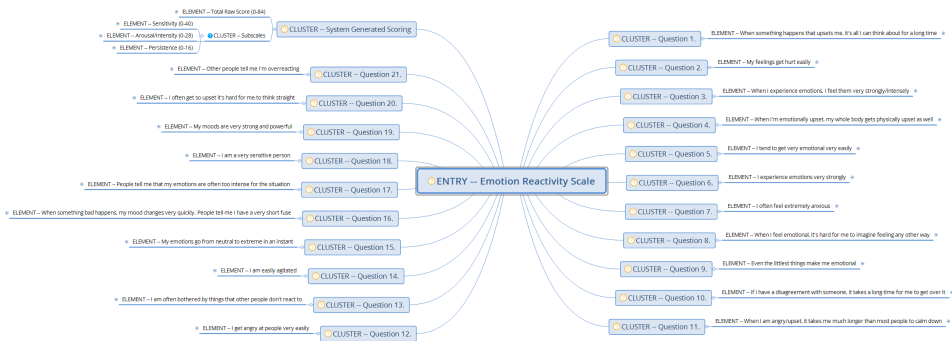


Emotion Reactivity Scale

If you're interested in this clinical form for use in Explorer Online please [get in touch](#).

Clinical Form Name	Emotion Reactivity Scale
Clinical Area(s)	Psychology
Description of Use	Measure of emotion sensitivity, intensity, and persistence
Availability	Yes, full access in Explorer Online
Explorer Online Screenshot	<div><div>EMOTION REACTIVITY SCALE</div><div><div>QUESTION 1.</div><div>WHEN SOMETHING HAPPENS THAT UPSETS ME, IT'S ALL I CAN THINK ABOUT FOR A LONG TIME</div><div><div>0</div><div>NOT AT ALL LIKE ME</div><div>1</div><div>2</div><div>3</div><div>COMPLETELY LIKE ME</div><div>4</div></div></div><div>QUESTION 2.</div><div>MY FEELINGS GET HURT EASILY</div><div><div>0</div><div>NOT AT ALL LIKE ME</div><div>1</div><div>2</div><div>3</div><div>COMPLETELY LIKE ME</div><div>4</div></div><div>QUESTION 3.</div><div>WHEN I EXPERIENCE EMOTIONS, I FEEL THEM VERY STRONGLY/INTENSELY</div><div><div>0</div><div>NOT AT ALL LIKE ME</div><div>1</div><div>2</div><div>3</div><div>COMPLETELY LIKE ME</div><div>4</div></div><div>QUESTION 4.</div><div>WHEN I'M EMOTIONALLY UPSET, MY WHOLE BODY GETS PHYSICALLY UPSET AS WELL</div><div><div>0</div><div>NOT AT ALL LIKE ME</div><div>1</div><div>2</div><div>3</div><div>COMPLETELY LIKE ME</div><div>4</div></div><div>QUESTION 5.</div><div>I TEND TO GET VERY EMOTIONAL VERY EASILY</div><div><div>0</div><div>NOT AT ALL LIKE ME</div><div>1</div><div>2</div><div>3</div><div>COMPLETELY LIKE ME</div><div>4</div></div><div>QUESTION 6.</div><div>I EXPERIENCE EMOTIONS VERY STRONGLY</div><div><div>0</div><div>NOT AT ALL LIKE ME</div><div>1</div><div>2</div><div>3</div><div>COMPLETELY LIKE ME</div><div>4</div></div><div>QUESTION 7.</div></div>

Mind Map



Excel File /Structure

CEN.Emotion_Reactivity_Scale.v1.xlsx

Editor Screensh ot

- ENTRY -- Emotion Reactivity Scale
 - CLUSTER -- Question 1.
 - ELEMENT -- When something happens that upsets me, it's all I can think about for a long time
 - CLUSTER -- Question 2.
 - ELEMENT -- My feelings get hurt easily
 - CLUSTER -- Question 3.
 - ELEMENT -- When I experience emotions, I feel them very strongly/intensely
 - CLUSTER -- Question 4.
 - ELEMENT -- When I'm emotionally upset, my whole body gets physically upset as well
 - CLUSTER -- Question 5.
 - ELEMENT -- I tend to get very emotional very easily
 - CLUSTER -- Question 6.
 - ELEMENT -- I experience emotions very strongly
 - CLUSTER -- Question 7.
 - ELEMENT -- I often feel extremely anxious
 - CLUSTER -- Question 8.
 - ELEMENT -- When I feel emotional, it's hard for me to imagine feeling any other way
 - CLUSTER -- Question 9.
 - ELEMENT -- Even the slightest things make me emotional
 - CLUSTER -- Question 10.
 - ELEMENT -- If I have a disagreement with someone, it takes a long time for me to get over it
 - CLUSTER -- Question 11.
 - ELEMENT -- When I am angry/upset, it takes me much longer than most people to calm down
 - CLUSTER -- Question 12.
 - ELEMENT -- I get angry at people very easily
 - CLUSTER -- Question 13.
 - ELEMENT -- I am often bothered by things that other people don't react to
 - CLUSTER -- Question 14.
 - ELEMENT -- I am easily agitated
 - CLUSTER -- Question 15.
 - ELEMENT -- My emotions go from neutral to extreme in an instant
 - CLUSTER -- Question 16.
 - ELEMENT -- When something bad happens, my mood changes very quickly. People tell me I have a very short fuse
 - CLUSTER -- Question 17.
 - ELEMENT -- People tell me that my emotions are often too intense for the situation
 - CLUSTER -- Question 18.
 - ELEMENT -- I am a very sensitive person
 - CLUSTER -- Question 19.
 - ELEMENT -- I am a very sensitive person
 - CLUSTER -- Question 20.
 - ELEMENT -- I am a very sensitive person
 - CLUSTER -- Question 21.
 - ELEMENT -- I am a very sensitive person
 - CLUSTER -- System Generated Scoring