

## Edinburgh Postnatal Depression Scale (EPDS)

If you're interested in this clinical form for use in Explorer Online please [get in touch](#).

Clinical Form Name	EPDS
Clinical Area(s)	Psychology
Description of Use	Screen women for symptoms of emotional distress during pregnancy and the postnatal period
Availability	Yes, full access in Explorer Online
Explorer Online Screenshot	
Report Preview	
Mind Map	
Excel File /Structure	CEN.EPDS.v1.xlsx

## Editor Screensh ot

- ☐ CEN.EPDS.v1
  - ☐ Description
  - ☐ Uses 0 Archetype(s)
  - ☐ Definition
    - ☒ ENTRY -- EPDS
      - ☒ ELEMENT --
        - ☒ CLUSTER -- Question 1.
          - ☒ ELEMENT -- I have been able to laugh and see the funny side of things
        - ☒ CLUSTER -- Question 2.
          - ☒ ELEMENT -- I have looked forward with enjoyment to things
        - ☒ CLUSTER -- Question 3.
          - ☒ ELEMENT -- I have blamed myself unnecessarily when things went wrong
        - ☒ CLUSTER -- Question 4.
          - ☒ ELEMENT -- I have been anxious or worried for no good reason
        - ☒ CLUSTER -- Question 5.
          - ☒ ELEMENT -- I have felt scared or panicky for no very good reason
        - ☒ CLUSTER -- Question 6.
          - ☒ ELEMENT -- Things have been getting on top of me
        - ☒ CLUSTER -- Question 7.
          - ☒ ELEMENT -- I have been so unhappy that I have had difficulty sleeping
        - ☒ CLUSTER -- Question 8.
          - ☒ ELEMENT -- I have felt sad or miserable
        - ☒ CLUSTER -- Question 9.
          - ☒ ELEMENT -- I have been so unhappy that I have been crying
        - ☒ CLUSTER -- Question 10.
          - ☒ ELEMENT -- The thought of harming myself has occurred to me
        - ☒ CLUSTER -- System Generated Scoring
          - ☒ ELEMENT -- Total Score (0-30)
          - ☒ ELEMENT -- Total Score Interpretation
    - ☐ Ontology
    - ☐ Presentation