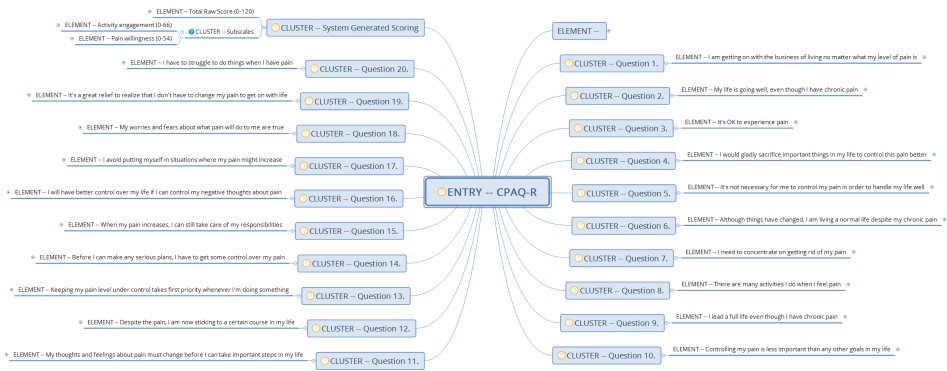


Chronic Pain Acceptance Questionnaire - Revised (CPAQ-R)

If you're interested in this clinical form for use in Explorer Online please [get in touch](#).

Clinical Form Name	CPAQ-R
Clinical Area (s)	Psychology
Description of Use	Measure acceptance of pain
Availability	Yes, full access in Explorer Online
Explorer Online Screenshot	<div><div>CPAQ-R</div><div><div>Instructions:</div><div>Below you will find a list of statements. Please rate the truth of each statement as it applies to you. Use the following rating scales to make your choices. For instance, if you believe a statement is "Always true", you would write a 6 next to that statement.</div><div><div>0 = Never True</div><div>1 = Very rarely true</div><div>2 = Seldom true</div><div>3 = Sometimes true</div><div>4 = Often true</div><div>5 = Almost always true</div><div>6 = Always true</div></div></div><div><div>QUESTION 1.</div><div><div>I AM GETTING ON WITH THE BUSINESS OF LIVING NO MATTER WHAT MY LEVEL OF PAIN IS</div><div>0</div></div></div><div><div>QUESTION 2.</div><div><div>MY LIFE IS GOING WELL, EVEN THOUGH I HAVE CHRONIC PAIN</div><div>0</div></div></div><div><div>QUESTION 3.</div><div><div>IT'S OK TO EXPERIENCE PAIN</div><div>0</div></div></div><div><div>QUESTION 4.</div><div><div>I WOULD GLADLY SACRIFICE IMPORTANT THINGS IN MY LIFE TO CONTROL THIS PAIN BETTER</div><div>0</div></div></div><div><div>QUESTION 5.</div></div></div>
Report Preview	<div><div><div><div>Mrs Patient Marie TEST</div><div>Item 12-Gen: 1998 (11x) Gender: Female Stop at the level of above value</div></div><div><div>Address: 12 Demo Street HARDOCHYDRE QLD 4558</div><div>Phone: 08754566000</div><div>Medicare No: 4606606371/1</div></div><div><div>Specimen: Lab No: 68187218-4173-4263-A554-999C1288C782</div><div>Request Date: 26/08/2022 1:58 PM</div><div>Effective Date: 26/08/2022 1:58 PM</div><div>Generated Date: 26/08/2022 1:58 PM</div></div></div><div><div>Chronic Pain Acceptance Questionnaire - Revised (7 DAY)</div><div><div><div>Instructions</div></div></div><div><div>Below you will find a list of statements. Please rate the truth of each statement as it applies to you. Use the following rating scales to make your choices. For instance, if you believe a statement is "Always true", you would write a 6 next to that statement.</div></div><div><div>0 = Never True</div><div>1 = Very rarely true</div><div>2 = Seldom true</div><div>3 = Sometimes true</div><div>4 = Often true</div><div>5 = Almost always true</div><div>6 = Always true</div></div><div><div>QUESTION 1.</div><div><div>I am getting on with the business of living no matter what my level of pain is</div><div>1</div></div></div><div><div>QUESTION 2.</div><div><div>My life is going well, even though I have chronic pain</div><div>3</div></div></div><div><div>QUESTION 3.</div><div><div>It's OK to experience pain</div><div>3</div></div></div><div><div>QUESTION 4.</div><div><div>I would gladly sacrifice important things in my life to control this pain better</div><div>4</div></div></div><div><div>QUESTION 5.</div><div><div>It's not necessary for me to control my pain in order to handle my life well</div><div>3</div></div></div><div><div>QUESTION 6.</div><div><div>Although things have changed, I am living a normal life despite my chronic pain</div><div>4</div></div></div></div></div></div>

Mind Map



Excel File /Structure

CEN.CPAQ-R.v1.xlsx

Editor Screenshot

- ENTRY -- CPAQ-R
 - ELEMENT --
 - CLUSTER -- Question 1
 - ELEMENT -- I am getting on with the business of living no matter what my level of pain is
 - CLUSTER -- Question 2
 - ELEMENT -- My life is going well, even though I have chronic pain
 - CLUSTER -- Question 3
 - ELEMENT -- It's OK to experience pain
 - CLUSTER -- Question 4
 - ELEMENT -- I would gladly sacrifice important things in my life to control this pain better
 - CLUSTER -- Question 5
 - ELEMENT -- It's not necessary for me to control my pain in order to handle my life well
 - CLUSTER -- Question 6
 - ELEMENT -- Although things have changed, I am living a normal life despite my chronic pain
 - CLUSTER -- Question 7
 - ELEMENT -- I need to concentrate on getting rid of my pain
 - CLUSTER -- Question 8
 - ELEMENT -- There are many activities I do when I feel pain
 - CLUSTER -- Question 9
 - ELEMENT -- I lead a full life even though I have chronic pain
 - CLUSTER -- Question 10
 - ELEMENT -- Controlling my pain is less important than any other goals in my life
 - CLUSTER -- Question 11
 - ELEMENT -- My thoughts and feelings about pain must change before I can take important steps in my life
 - CLUSTER -- Question 12
 - ELEMENT -- Despite the pain, I am now sticking to a certain course in my life
 - CLUSTER -- Question 13
 - ELEMENT -- Keeping my pain level under control takes first priority whenever I'm doing something
 - CLUSTER -- Question 14
 - ELEMENT -- Before I can make any serious plans, I have to get some control over my pain
 - CLUSTER -- Question 15
 - ELEMENT -- When my pain increases, I can still take care of my responsibilities
 - CLUSTER -- Question 16
 - ELEMENT -- I will have better control over my life if I can control my negative thoughts about pain
 - CLUSTER -- Question 17
 - ELEMENT -- I avoid putting myself in situations where my pain might increase
 - CLUSTER -- Question 18
 - ELEMENT -- My worries and fears about what pain will do to me are true
 - CLUSTER -- Question 19
 - ELEMENT -- It's a great relief to realize that I don't have to change my pain to get on with life
 - CLUSTER -- Question 20
 - ELEMENT -- I have to struggle to do things when I have pain
 - CLUSTER -- System Generated Scoring