## **Body Shape Questionnaire (BSQ-34)**

If you're interested in this clinical form for use in Explorer Online please  $\operatorname{\mathsf{get}}$  in touch.

Clinical Form Name	BSQ-34				
Clinical Area(s)	Psychology				
Description of Use	Measure the negative self-appraisal of body shape common in Eating Disorders				
Availability	Yes, full access in Explorer Online				
Explorer Online Screenshot	Instructions:  We should like to know how you have been feeling about your appearance over the PAST FOUR WEEKS. Please read each question and select the appropriate answer. Please answer all the questions.				
	QUESTION 1.  HAS FEELING BORED MADE YOU BROOD ABOUT YOUR SHAPEY  QUESTION 2.				•
	HAVE YOU BEEN SO WORSIED ABOUT YOUR SHAPE THAT YOU HAVE BEEN FEELING YOU OUGHT TO DIET?				•
	QUESTION 3.  HAVE YOU THOUGHT THEY YOUR THOUS, HIPS OR BOTTON ASE TOO LAKE FOR THE REST OF YOU?				
	QUESTION 4.  HAVE YOU BEEN AFRAID THAT YOU MIGHT BECOME FAT (OR FATTER)?				•
	QUESTION S.  HAVE YOU WORRIED ABOUT YOUR FLESH BEING NOT FIRM ENOUGH?				,
	QUESTION 6.  HAS FEELING FULL  (E.G. AFTER EATING A				v
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	OURSTION 2.  Have you been no worried about your shape that you have been feeling you ought to diet?  OURSTION 3.  Have you thought that your thighe, hips or bottom are too large for the next of you?  OURSTION 4.  Have you been alred that you might become fat (or faiter)?  OURSTION 5.  Have you wereled about your flesh being not firm energist?  OURSTION 6.  Has feeling full (in.g. wher eating a large meal) made you feel fat?  OURSTION 7.  Have you fit as bad about your shape that you have cried?  OURSTION 8.		News Randy News News News News News News News		
	Has being with thin women made you feel self-const SYSTEM GENERATED SCOREING Total Ren Score (24-204)	cious about your shape?		Randy 12	

