

Basal Metabolic Rate (BMR)

If you're interested in this clinical form for use in Explorer Online please [get in touch](#).

Clinical Form Name	Basal Metabolic Rate (BMR)
Clinical Area(s)	Dietetics
Description of Use	Calculate female and male estimated basal metabolic rate using the revised Harris-Benedict equations (1984) in calories per day.
Availability	Yes, full access in Explorer Online
Explorer Online Screenshot	<div><div>BASAL METABOLIC RATE (BMR)</div><div><div>WEIGHT</div><div></div><div>UNITS</div><div>kg</div></div><div><div>HEIGHT</div><div></div><div>UNITS</div><div>cm</div></div><div><div>AGE</div><div></div><div>UNITS</div><div>years</div></div><div><div>SEX</div><div><input type="radio"/> Female <input type="radio"/> Male</div></div></div>